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## **"The First Table of the Law" Part 2**

**Scripture: Exodus 20:1-11**

**Memory Work:**

**3. You shall not take the name of the LORD your God in vain.**

**4. Remember the Sabbath day, to keep it holy.**

**Big Idea: We are commanded to worship the one true God rightly, reverently, and regularly.**

### **I. We Are Commanded to Worship the One True God Reverently (20:7)**

**A. Psalm 20:1**

**B. How do we misuse God's name?**

- 1. By not setting our mind's attention and heart's affection on God.**
- 2. By not realizing whose presence we are in.**
- 3. By attaching God's name to curses.**
- 4. By using God's name thoughtlessly.**
- 5. By claiming to be a Christian while disobeying the commandments.**

**C. How do we use God's name reverently?**

- 1. Worship—remember whose presence we're in. Set our mind's attention and heart's affection on God.**
- 2. Speech—speak carefully and accurately of God's name.**
- 3. Deeds—live to glorify God in all that we do.**

### **II. We Are Commanded to Worship the One True God Regularly (20:8-11)**

**A. Colossians 2:16**

**B. Second London Confession of Faith (1689)—chapter 22, paragraphs 7 and 8**

**C. Exodus 16:22-30**

**D. Deuteronomy 23:24-25; Luke 14:5**

**E. Why do we have the Sabbath?**

- 1. To remember God the Creator (20:11)**
- 2. To remember God the Redeemer (Deuteronomy 5:12-15)**
- 3. To remember to gather together (Leviticus 23:3)**

**F. What does the Fourth Commandment mean for the Christian?**

- 1. "We no longer look back to the old exodus for our salvation; we look to Jesus Christ, who accomplished a greater exodus by dying for our sins and rising again. Jesus is the fulfillment of the fourth commandment, as he is of all the others. The Old Testament Sabbath pointed to the full and final rest that can only be found in him" (Philip Graham Ryken).**
- 2. After Jesus' resurrection, the church began to gather on the Lord's Day. (John 20:19; Acts 20:7; 1 Corinthians 16:2)**
- 3. Ignatius (1st-century Father)**
- 4. Didache**

5. Tertullian (2nd-century apologist)
6. Eusebius (4th-century historian)
7. "Christ took the Sabbath into the grave with him and brought the Lord's Day out of the grave with him on the resurrection morn" (B. B. Warfield)

G. How should we obey the Fourth Commandment?

1. Don't begrudge that God is the Lord over your time.
2. Work diligently to fulfill your obligations in six days so you can make Sunday special.
3. If you can't have Sundays off, then pray and do what you can to work towards that goal.
4. Recognize that there are some situations where work on the Lord's Day is inevitable and right. (Matthew 12)
5. Use the Lord's Day to your full spiritual advantage.
6. Do what you can to make Sunday special for your children.

Conclusion

- A. Matthew 11:28-30
- B. The Gospel Definition